

FIND YOUR STRENGTH



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Hold page about 14 inches away from your face. When taking the test, you can wear corrective contact lenses, but not reading glasses.



Read the lines below from top to bottom. The first line you can read clearly will recommend a reading strength for you.

If this line is clear, select reading glasses with a strength of **+1.00**

If this line is clear, select reading glasses with a strength of **+1.25**

If this line is clear, select reading glasses with a strength of **+1.50**

If this line is clear, select reading glasses with a strength of **+1.75**

If this line is clear, select reading glasses with a strength of **+2.00**

If this line is clear, select reading glasses with a strength of **+2.25**

If this line is clear, select reading glasses with a strength of **+2.50**

If this line is clear, select reading glasses with a strength of **+2.75**

If this line is clear, select reading glasses with a strength of **+3.00**

If this line is clear, select reading glasses with a strength of **+3.25**

If this line is clear, select reading glasses with a strength of **+3.50**